

STEP TWELVE

Having had a spiritual awakening as the result of these steps, we tried to carry this message to marijuana addicts, and to practice these principles in all our affairs.

Step Twelve promises us that if we honestly and thoroughly apply the first eleven steps in our lives we will achieve a spiritual awakening. Through this awakening, with the help of our Higher Power and the tools of the program, we are given the gift of recovery.

Getting Started:

- Read “Step Twelve” in LIFE WITH HOPE.
- Review Step Twelve with your sponsor, or with a trusted member of MA.
- Look up the words *service* and *result*; write out the definition that you find to be significant, and write what service means to you.

Service

This step is greatly about the concept of service, an essential part of our recovery and of MA as a whole. Without service, there would be no program. Having been spared from active addiction, we are free to help other addicts and give back what has been so freely given to us.

We begin to work the Twelfth Step as soon as we enter the rooms. We are of service to others when we attend meetings, reach out to newcomers, use the phone, take service commitments and when we sponsor fellow addicts. The more we help others, the more we help ourselves.

- How have I been of service?
- How do I carry the message of recovery?

Practicing the Principles

Each Step carries at least one main spiritual principle. We strive to apply these principles not only to the program and the fellows in it, but to all aspects of our lives.

- Look up the meaning of each principle in the dictionary.
- How do I use each one in my life today?
- If I don’t already practice the principle, how might I begin?
- What, if anything, stands in my way?

Step One: Honesty

Step Two: Hope

Step Three: Faith

Step Four: Courage

Step Five: Integrity

Step Six: Willingness

Step Seven: Humility

Step Eight: Reflection

Step Nine: Justice

Step Ten: Perseverance

Step Eleven: Spiritual Awareness

Step Twelve: Service

It is essential that we take *all* of the Steps and practice *all* of the principles if we are to maintain our recovery. In order for us to keep what we've been given, we need to give it away. If we closely examine our evolving relationship with our Higher Power, ourselves and others, we can see a definite shift in our attitudes and perceptions. As we make spiritual progress we gain inner strength, self-esteem, and serenity. We can look at our part in every situation and be willing to do whatever it takes to practice the principles of this program.

- What benefits have I experienced as a result of working these Steps?
- Have I experienced a spiritual awakening? If so, how has it manifested?
- How has living the principles affected my daily life?

As we continue to be of service and to practice these principles in all our affairs, we are transformed from suffering addicts into people who are able to be happy, joyous and free.

We take these Steps for ourselves, not by ourselves. Others have gone before; others will follow. We recover.